

# ROTARY ANCHOR



## New London Rotary Club

District 7980 Club 6741

Chartered April 11, 1917

P.O. Box 654  
New London, CT 06320  
www.newlondonrotary.org

AM Meeting: Thursdays at 7AM—Muddy Waters, New London  
Lunch Meeting: Thursdays at 12:15 PM—Holiday Inn, New London

### Meeting: Thursday, August 29, 2013

#### Program:

**September 5**  
**Springfest Wrap Up:**  
Gerry Tom & Mark Spinnato

**New London Rotary Survey Results:**  
Liz Binger

**September 12**  
New London Rotary Town Hall Meeting

#### Reporter:

Sept 5 Meredith Diette  
Sept 12 Alan Lyon

#### Invocation:

Sept 5 Bill White  
Sept 12 Brian Cole

#### Greeter:

Sept 5 Michel Belt  
Sept 12 Mary Lenzini

#### Song Leader:

Sept 5 Chris Neilan  
Sept 12 Penny Parsekian

#### Birthdays:

None

#### Anniversaries:

Sept 9 Vivian Stanley & Jerry Olson  
Jerry Olson & Vivian Stanley  
Sept 11 Sarah Rogovin & Mark Twiss



#### Rotary Anniversaries for September

Date	Member	Since
9/10	Mary Lenzini	1997
9/13	Emily Lavoie	2012
9/30	Lana Utz	2010
9/30	Tony Silvestri	2010

#### Natchaug Hospital's Child and Adolescent Programs

*Speaker: Dr. Stephen Larcen*

*Program: August 22, 2013 Reporter: Ann Connolly*

Past President Millie Devine introduced our program speaker, Stephen Larcen, Ph.D., President and Chief Executive Officer of Natchaug Hospital in Mansfield, and Vice President of Behavioral Health for Hartford HealthCare (HHC). Natchaug Hospital is the primary provider of a regional system of care for children, adolescents and adults with mental illness and substance-abuse problems.

Dr. Larcen had three goals for his presentation: give the club an understanding of Natchaug's mission and services, describe how it fits into the health care network, and discuss their response to the Newtown shootings. HHC network is comprised of Natchaug hospital serving Mansfield, Windham, Killingly, Norwich, Groton, Old Saybrook, Enfield and Vernon, Hartford Hospital/Institute of Living, Backus Hospital, Rushford, Hospital of Central CT and MidState Medical Center in Meriden. Forty percent of their patients are from N L County and HHC has a close relationship with L&M Hospital.

For children and adolescents, a very structured after school treatment program is in place. Its goal is to return the children to the regular school system in 1 to 1 ½ years, and to graduate 5 per year from high school. Since most will not attend college and are screened out by vocational schools because of their special needs, a mobile trailer workshop has been setup to teach basic woodworking skills. One of their projects is to build benches which are donated to the community. Similar adult programs are conducted both during the day and after work.

In response to the Newtown shootings, a Bipartisan Task Force recommended some mental health initiatives, one of which was to train first responders in the mental health first-aid program. This is an internationally accepted program to inform and engage first responders, teachers and parents. HHC is partnering with the Dept. of Mental Health to train 30 instructors this month and twelve sessions per year will be offered in the state.

HHC will focus next on troubled young adults in the 18-24 year age group. This group has a high substance abuse rate and are resistant to care. Since DCF control ends at age 18, gap coverage is needed and there will be three young adult programs this year. Massachusetts has this program in place and a positive impact has been seen. However, it is a concern that resources are dwindling and bringing budget reductions.



### REGISTER NOW FOR THE Zone 32 Success Seminar

Saturday, September 7  
9:00 am—3:00 pm

Courtyard by Marriott  
4 Sebeth Road, Cromwell, CT

Join 2014-2016 RI Director-Elect Julia Phelps and the Zone Coordinators to talk about Membership, new Grant Model, Public Image and the RI Strategic Plan.

There will be multiple breakout sessions and the day wraps up with a panel of 4 Rotary Program Alumni discussing Membership and how clubs can attract & engage future Rotarians.

Register now—\$40 registration fee paid by New London Club! Register online by going to the calendar section at [www.Rotary7980.org](http://www.Rotary7980.org).  
**Gather a few fellow Rotarians and take advantage of this great opportunity!**

### WELCOME BARRY NEISTAT

Our club recently welcomed our newest member, Barry Neistat. Barry is a New London native who is a graduate of New London High School and UConn. Along with his wife Susan, Barry owns and operates Muddy Waters Café, where our A.M. group meets every Thursday morning. As a member of the Downtown New London Association and New London Main Street, Barry stays active in the City of New London and we are pleased to have him as a member of our club.



Barry and Susan have seven children. When asked what he does in his spare time, he replied "work and kids!"

Welcome Barry!



**October 4, 2013 6—9 pm**  
**Ocean Beach Park**

Mark your calendars  
**VOLUNTEERS WILL BE NEEDED**

Don't Forget Soup Kitchen.  
**Thursday, September 12**  
**4pm-6:15pm**

Help out and earn a meeting makeup!